



ONLINE PROFESSIONAL DEVELOPMENT COACHING PROGRAMMES

OUR PROGRAMMES

- 4 OR 6 WEEKS (MIN.) PROGRAMME
- 1 HOUR CALLS WEEKLY

"Develop practical knowledge and hone professional behavioural skills to create value in your organisation"

ENROL NOW



WWW.BLAZINGBEYOND.COM

ALTHEA@BLAZINGBEYOND.COM



876-579-5384
876-809-1538

AVAILABLE IN JAMAICA AND THE CARIBBEAN





About Your Coach



Althea Walters - Founder of Blazing Beyond - is a Corporate Trainer, Leadership, Productivity and Business Execution Coach, who holds a Masters degree in Human Resource Development from the University of the West Indies, Mona. She is also a certified Change Process Practitioner (PROSCI), and also certified in Organization Design from the Arthur Lok Jack School of Business.

With a deep passion for helping people to plan and get on track to achieve their life goals, it was no coincidence that Althea created **MY GOAL TRACKER**, a Goal Planning Workbook that guides persons to take bold and consistent actions in achieving their personal life goals.

Althea volunteers with the Girl Guides Association of Jamaica and holds the role of International & Programmes Commissioner.

Althea continues to make profound impact through her Corporate Trainings and 1:1 Coaching Programmes, as experienced and shared by her clients.

She strongly believes in the statement "We are what we repeatedly do. Excellence, then, is not an act, but a habit."

Objective of The Coaching Programme

"To guide and support individuals, leaders and groups to identify areas of growth and development, to broaden their horizon and outlook, unblock stoppers and challenges and to un-earth hidden potential.

This will enable each individual to achieve their purpose and goals, and will result in overall improvement in their job performance and success in life."



Benefits of our Coaching Programmes

BENEFITS

- 1. Enhance Your Professional Career!**
- 2. Improve Your Personal Brand as a Leader, Manager or Supervisor**
- 3. Improve Your Effectiveness & Focus**
- 4. Maximize Your Productivity and Performance**
- 5. Show up Boldy and Confidently in Your Work!**

We Offer Coaching Services

LEADERSHIP

- Immerse your Leaders and Managers in our Leadership Development Programme, and watch your leaders increase grow in their knowledge, skills and 'know-how', in utilizing their strengths and influence in leading and managing their teams, done at a manageable pace!
- **6 weeks** One on One Coaching

\$650

MANAGERS & SUPERVISORS

- Prepare your Supervisors, Managers and High Potentials for the field of Management with our **6 Weeks** Programme - "**Stepping into Management!**" We will help your Managers/Supervisors increase their management skills and 'know-how', in organizing themselves and their operations so they can better manage their teams.

\$650

PRODUCTIVITY COACHING

- A practical approach to move you from where you are to where you need to be as it relates to your Productivity!
- Perfect for persons struggling to manage workload, or need to organize their teams and time to be more efficient and effective in their work.
- This is a **4 weeks** One on One Coaching done for 60 minutes each Week.

\$400

Other PROFESSIONAL DEVELOPMENT COACHING

- **Improve your Personal or Professional Effectiveness with our Customized Coaching Programme.** Whether you want to improve your Personal Brand, Seek support on Career path or planning, improve your working relationships or Plan Your goals!
- This is a **4 weeks** One on One Coaching done for 60 minutes each Week.

\$450

*NB. Additional Sessions can be booked, if required, after completing the initial period agreed.
Quoted in US\$*

Testimonials - Coaching Programme

Stepping into Management

"I had zero expectation going into the sessions; however after each session...I was equipped with new strategies and processes!

I am forever grateful for your guidance.

"I was blind but now I can see!"

- N. Stanford



Leadership Development Coaching

"I would recommend this Programme to anyone who wants to become an effective leader and wants to improve their development and the members of the team they may manage. It will give an insight to learn more about yourself, your leadership style and how to enhance, change or adapt in your work environment to foster accountability and improve everyone's performance."

- Michael Thompson

Testimonials - Coaching Programme

Administrative & Executive Assistant Coaching

"The Executive Assistant Professional Coaching Programme was a rewarding experience, conducted by a knowledgeable and experienced professional. The material was delivered in an effective and practical method and was easy to implement. I would recommend this Coaching Programme to all administrative professionals."

- P. Hutchinson



Productivity & Workload Management Coaching

"I was scared at first but after about 15 to 20 minutes into the first session, Althea's words of encouragement was as sharp as a two-edged sword. They cut me and started bringing back my motivation to life. (Those words of encouragement are still today in my head and I do not believe they will ever leave me). She dissected my work plan as if she was the one sitting at my desk each day.

I can call myself a proud and successful product of Blazing Beyond (Althea). I was wowed to see where I was at a 3 and now I am at 10. I fully recommend Blazing Beyond (Althea)."
Get in contact with her today...Get in contact with her now!!!!!!!

#thumbs up

- T. Smallhorn

The Coaching Process

Coaching Sessions are recommended to start at the beginning of the Month in the 1st week of the month

Coaching Session times are agreed between the Coach and the Individual. Available 1 hour times Mon - Thurs:
9:00am; 10:00am; 4:00pm; 5:00pm; 5:30pm CST

Individuals are recommended to be on time for all Sessions; Missed sessions without sufficient prior notice will be counted as part of used up sessions and will not be repeatable

One on One Coaching Sessions are kept highly confidential



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